

# 2023 MSHSL Section 8AAA

May 31 & June 3 at St. Michael-Albertville

## Girls:

1. St. Michael-Albertville 177.5
2. Brainerd 111.5
3. Rogers 106.5
4. Moorhead 89
5. Elk River 65.5
6. Sartell 53
7. Bemidji 49
8. Buffalo 47

## Boys

1. St. Michael-Albertville 140
2. Moorhead 115
3. Elk River 110
4. Buffalo 87
5. Brainerd 84
6. Bemidji 71
7. Sartell 49
8. Rogers 37

## Varsity Boys 100 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Michael Haugo 12 Moorhead 11.00 -1.5
- 2 Muhiz Bada 11 St. Michael-Albertville 11.12 -1.5
- 3 Matthew Beaudry 12 Elk River 11.37 -1.5
- 4 Isaak Malay 11 Brainerd 11.41 -1.5
- 5 Saul Rhodes 9 Buffalo 11.43 -1.5
- 6 Anthony Powell 12 Rogers 11.43 -1.5
- 7 Abel Karfear 12 Moorhead 11.45 -1.5
- 8 Rufus Kermee 10 Moorhead 11.47 -1.5
- 9 Jerome Thomas 10 Buffalo 11.61 -1.5

## Varsity Boys 100 Meters Prelims

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Athlete Yr Team Mark

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- 1 Michael Haugo 12 Moorhead 11.00
- 2 Muhiz Bada 11 St. Michael-Albertville 11.07
- 4 Matthew Beaudry 12 Elk River 11.24
- 3 Isaak Malay 11 Brainerd 11.28
- 5 Jerome Thomas 10 Buffalo 11.40
- 6 Saul Rhodes 9 Buffalo 11.44
- 7 Anthony Powell 12 Rogers 11.47
- 8 Abel Karfear 12 Moorhead 11.52
- 9 Rufus Kermee 10 Moorhead 11.58
- 10 Darloh Balisidya 12 Elk River 11.59
- 11 Austin Asher 9 Brainerd 11.67
- 12 Ethan McClellan 12 Sartell 11.67
- 13 Andrew McClellan 10 Sartell 11.68
- 14 Owen Westberg 10 Elk River 11.70
- 15 Brenden Studer 12 Sartell 11.70
- 16 Anthony Colotti 10 St. Michael-Albertville 11.82
- 17 Ontario Tate-Beaulieu 11 Bemidji 11.90
- 18 Kefeyen Tita 11 Buffalo 11.94
- 19 Mukandas Ariran 10 St. Michael-Albertville 12.04
- 20 Alex Morgando 9 Rogers 12.08

- 21 Tyler Dube 11 Rogers 12.11
- 22 Travis Albrecht 9 Brainerd 12.15
- 23 Xander Kurschner 11 Bemidji 12.21

## Wheelchair Boys 100 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Logan Hovanetz 7 Elk River 26.77 -1.7

## Varsity Girls 100 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Brenna Deason 12 Brainerd 12.13 0.9
- 2 Gabriella Keefer 10 St. Michael-Albertville 12.23 0.9
- 3 Brianna Shroyer 12 Buffalo 12.37 0.9
- 4 Emnel Wotoe 10 Moorhead 12.72 0.9
- 5 Rose Lamberts 9 Buffalo 12.77 0.9
- 6 Esme Irel 12 Elk River 12.79 0.9
- 7 Ava Loney 10 Brainerd 13.06 0.9
- 8 Jarai Kamara 11 St. Michael-Albertville 13.08 0.9
- 9 Alexis Olderbak 12 Moorhead 13.13 0.9

## Varsity Girls 100 Meters Prelims

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Athlete Yr Team Mark

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- 1 Brenna Deason 12 Brainerd 12.33
- 2 Gabriella Keefer 10 St. Michael-Albertville 12.42
- 3 Brianna Shroyer 12 Buffalo 12.57
- 4 Emnel Wotoe 10 Moorhead 12.84
- 5 Esme Irel 12 Elk River 13.04
- 6 Rose Lamberts 9 Buffalo 13.05
- 7 Alexis Olderbak 12 Moorhead 13.07
- 8 Jarai Kamara 11 St. Michael-Albertville 13.08
- 9 Ava Loney 10 Brainerd 13.25
- 10 Claire Kvant 10 St. Michael-Albertville 13.31
- 11 Makenna Hauck 12 Sartell 13.32
- 12 Lainey Stavish 10 Sartell 13.38
- 13 Addison Hill 9 Bemidji 13.42
- 14 Payton Miller 10 Brainerd 13.45
- 15 Madelyn Sather 10 Moorhead 13.46
- 16 Reegan Schmidt 7 Rogers 13.54
- 17 Joy Olowo 12 Rogers 13.63
- 18 Ashley Davis 11 Rogers 13.63
- 19 Leila Bakri 11 Elk River 13.75
- 20 Gabby Worloma 10 Elk River 13.79
- 21 Marima Seely 12 Bemidji 13.86
- 22 Zoe Fayette 11 Bemidji 14.05
- 23 Kennedi Gack 10 Sartell 14.12

## Varsity Boys 200 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Michael Haugo 12 Moorhead 21.60 0.1
- 2 Muhiz Bada 11 St. Michael-Albertville 22.32 0.1
- 3 Dillon MacLaughlin 12 Brainerd 22.38 0.1

4 Maverick Kneefe 11 St. Michael-Albertville 22.85 0.1  
5 Sam Gifford 12 Bemidji 23.12 0.1  
6 Avann Salman 11 Moorhead 23.21 0.1  
7 Mason Kline 12 Moorhead 23.28 0.1  
8 Andrew McClellan 10 Sartell 23.32 0.1  
9 Israel Olowo 8 Rogers 23.57 0.1

4 Sydney Keckeisen 9 Elk River 26.20  
5 Cora Clough 9 Brainerd 26.29  
6 Jarai Kamara 11 St. Michael-Albertville 27.24  
7 Claire Kvant 10 St. Michael-Albertville 27.37  
8 Brooke Shaw 9 Rogers 27.53  
9 Makenna Hauck 12 Sartell 27.79  
10 Ashley Davis 11 Rogers 27.91  
11 Kadyne Sharpe 12 Moorhead 28.07  
12 Lihanna Tarwo 9 Moorhead 28.26  
13 Lainey Stavish 10 Sartell 28.43  
14 Payton Miller 10 Brainerd 28.47  
15 Madelyn Sather 10 Moorhead 28.50  
16 Madeline Francois 11 Sartell 28.88  
17 Danielle Rodenwald 12 Buffalo 28.95  
18 Elsie Ostmo 9 Elk River 29.60  
19 Addison Hill 9 Bemidji 29.64  
20 Hattie Duinick 9 Brainerd 29.65  
21 Maddie Lindberg 10 Buffalo 30.13  
22 Faye Calvert 11 Bemidji 31.70

#### Varsity Boys 200 Meters Prelims

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Athlete Yr Team Mark

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1 Michael Haugo 12 Moorhead 22.13  
2 Muhiz Bada 11 St. Michael-Albertville 22.60  
4 Dillon MacLaughlin 12 Brainerd 22.95  
3 Maverick Kneefe 11 St. Michael-Albertville 23.13  
5 Sam Gifford 12 Bemidji 23.31  
6 Israel Olowo 8 Rogers 23.33  
7 Avann Salman 11 Moorhead 23.57  
8 Mason Kline 12 Moorhead 23.59  
9 Andrew McClellan 10 Sartell 23.61  
10 Brecken Keoraj 10 Elk River 23.64  
11 Andrew Reggin 12 Sartell 23.64  
12 James Sornberger 11 St. Michael-Albertville 23.82  
13 Charlie Pikula 11 Brainerd 24.00  
14 Charlie Hanson 10 Rogers 24.01  
15 Cade Osterman 12 Elk River 24.11  
16 Cody Smith 12 Buffalo 24.26  
17 Caleb Crawford 10 Buffalo 24.30  
18 Ethan McClellan 12 Sartell 24.34  
19 Gavin Schmidt 10 Elk River 24.37  
20 Trenten Fredriksen-Holm 10 Bemidji 24.49  
21 Jake Merseth 11 Brainerd 24.51  
22 Thomas Chiavetta 12 Buffalo 24.53  
23 Brandon Puschinsky 12 Bemidji 26.16

#### Varsity Boys 400 Meters Finals

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Athlete Yr Team Mark

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1 Brandon Stark 11 Brainerd 50.14  
2 Alexander Artmann 12 Elk River 50.16  
3 Baylor Stebbins 11 Sartell 50.30  
4 Tate Songstad 11 St. Michael-Albertville 50.75  
5 Abraham Carlson 12 Moorhead 51.91  
6 Hudson Stone 11 St. Michael-Albertville 52.50  
7 Seth Newby 12 Bemidji 52.75  
8 Jett Haneca 12 Elk River 53.28  
9 Israel Olowo 8 Rogers 57.25

#### Wheelchair Boys 200 Meters Finals

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Athlete Yr Team Mark Wind

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1 Logan Hovanetz 7 Elk River 50.08 0.2

#### Varsity Girls 200 Meters Finals

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Athlete Yr Team Mark Wind

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1 Gabriella Keefer 10 St. Michael-Albertville 25.06 0.2  
2 Brianna Shroyer 12 Buffalo 25.10 0.2  
3 Jennifer Heilman 11 Rogers 25.47 0.2  
4 Sydney Keckeisen 9 Elk River 25.92 0.2  
5 Cora Clough 9 Brainerd 26.42 0.2  
6 Jarai Kamara 11 St. Michael-Albertville 26.78 0.2  
7 Brooke Shaw 9 Rogers 27.03 0.2  
8 Makenna Hauck 12 Sartell 27.21 0.2  
9 Claire Kvant 10 St. Michael-Albertville 27.43 0.2

#### Varsity Boys 400 Meters Prelims

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Athlete Yr Team Mark

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1 Baylor Stebbins 11 Sartell 50.55  
4 Tate Songstad 11 St. Michael-Albertville 50.62  
2 Alexander Artmann 12 Elk River 51.10  
3 Brandon Stark 11 Brainerd 51.10  
5 Abraham Carlson 12 Moorhead 52.71  
6 Israel Olowo 8 Rogers 52.99  
7 Seth Newby 12 Bemidji 53.24  
8 Hudson Stone 11 St. Michael-Albertville 53.52  
9 Jett Haneca 12 Elk River 53.68  
10 Matt Toews 11 Brainerd 53.73  
11 Tyler Dube 11 Rogers 53.84  
12 William Barthel 11 St. Michael-Albertville 54.18  
13 Brandon Obowa 12 Moorhead 54.23  
14 Bridger Hanson 9 Moorhead 54.39  
15 Cash Rohman 12 Buffalo 54.95  
16 Cole Hentges 12 Sartell 55.83  
17 Cayden Carlson 9 Sartell 56.21  
18 Taylen Schemerhorn 9 Bemidji 56.23  
19 Parker Daiker-Broeska 11 Rogers 56.26  
20 Joe Neumann 10 Brainerd 56.66  
21 Emmitt Lommel 12 Buffalo 59.13  
22 Dreyden Lauderbaugh 9 Bemidji 59.71  
23 Beck Cleaveland 9 Elk River 1:00.46

#### Varsity Girls 200 Meters Prelims

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Athlete Yr Team Mark

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1 Gabriella Keefer 10 St. Michael-Albertville 25.28  
2 Brianna Shroyer 12 Buffalo 25.72  
3 Jennifer Heilman 11 Rogers 26.05

Varsity Girls 400 Meters Finals

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Athlete Yr Team Mark

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- 1 Brianna Shroyer 12 Buffalo 56.05
- 2 Emma Kvant 9 St. Michael-Albertville 56.60
- 3 Sanae Radloff 9 St. Michael-Albertville 1:00.14
- 4 Zoe Lain 10 Sartell 1:00.35
- 5 Brianna Villanti 12 Rogers 1:00.86
- 6 Hailey Steffensmeier 9 St. Michael-Albertville 1:01.37
- 7 Sawyer Timmer 10 Sartell 1:02.42
- 8 Avery Duerr 9 Brainerd 1:03.70
- 9 Lilly DeRosier 9 Brainerd 1:04.47

Varsity Girls 400 Meters Prelims

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Athlete Yr Team Mark

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- 1 Emma Kvant 9 St. Michael-Albertville 56.34
- 2 Brianna Shroyer 12 Buffalo 56.82
- 3 Sanae Radloff 9 St. Michael-Albertville 1:00.56
- 4 Zoe Lain 10 Sartell 1:01.05
- 5 Brianna Villanti 12 Rogers 1:02.22
- 6 Avery Duerr 9 Brainerd 1:02.56
- 7 Hailey Steffensmeier 9 St. Michael-Albertville 1:02.78
- 8 Sawyer Timmer 10 Sartell 1:03.12
- 9 Lilly DeRosier 9 Brainerd 1:03.63
- 10 Reegan Schmidt 7 Rogers 1:04.15
- 11 Cally Robertson 12 Brainerd 1:04.28
- 12 Lauren Heneman 10 Moorhead 1:04.41
- 13 Elle Fahrendorf 12 Moorhead 1:04.62
- 14 Adelyn Utes 7 Rogers 1:04.80
- 15 Kasey Hart 11 Buffalo 1:04.81
- 16 Hawa Schmidt 8 Sartell 1:05.09
- 17 Clara Bieber 9 Bemidji 1:06.17
- 18 Kailey Ruby 9 Elk River 1:06.87
- 19 Ava Warner 11 Bemidji 1:07.11
- 20 Erin Bescheinen 7 Elk River 1:07.66
- 21 Abbi Retzer 9 Moorhead 1:08.90
- 22 Anika Harmsen 9 Bemidji 1:09.03
- 23 Mollie Voss-Goeb 7 Elk River 1:09.38

Varsity Boys 800 Meters Finals

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Athlete Yr Team Mark

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- 1 Brandon Stark 11 Brainerd 1:58.30
- 2 Sawyer Rueckert 11 Elk River 1:58.41
- 3 Wesley Wistrom 10 Buffalo 1:58.48
- 4 Adam Allery 11 Bemidji 2:03.95
- 5 Ethan Copeland 11 Moorhead 2:06.14
- 6 Jacob Macheel 10 Buffalo 2:07.70
- 7 Cyrus Shrestha 8 Rogers 2:10.14
- 8 Nolan Thiesse 12 Brainerd 2:10.80
- 9 Ashton Niemi 12 Bemidji 2:11.34

Varsity Boys 800 Meters Prelims

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Athlete Yr Team Mark

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- 1 Wesley Wistrom 10 Buffalo 2:01.89
- 4 Adam Allery 11 Bemidji 2:02.03

- 7 Ashton Niemi 12 Bemidji 2:02.70
- 2 Brandon Stark 11 Brainerd 2:03.12
- 3 Sawyer Rueckert 11 Elk River 2:03.66
- 5 Jacob Macheel 10 Buffalo 2:03.72
- 6 Nolan Thiesse 12 Brainerd 2:04.03
- 8 Cyrus Shrestha 8 Rogers 2:04.53
- 9 Ethan Copeland 11 Moorhead 2:04.77
- 10 Davin Dufner 10 St. Michael-Albertville 2:06.89
- 11 Liam Nelson 12 Rogers 2:07.86
- 12 Owen Negaard 11 St. Michael-Albertville 2:08.68
- 13 Jay Weitgenant 10 Sartell 2:09.16
- 14 Sam Rueckert 11 Elk River 2:10.48
- 15 Easton Colby 11 Rogers 2:10.77
- 16 Ian Schimmelpfennig 9 Moorhead 2:11.60
- 17 Kyle Douglas 11 Buffalo 2:11.64
- 18 Lewis Long 12 Moorhead 2:11.70
- 19 Conner Smith 11 St. Michael-Albertville 2:13.55
- 20 Joey Otto 12 Brainerd 2:14.04
- 21 Tanner Johnson 9 Bemidji 2:16.96
- 22 Aaron Wollak 11 Sartell 2:21.33
- 23 Christian Rean 7 Elk River 2:30.68
- Charles Lindell 12 Sartell DQ

Varsity Girls 800 Meters Finals

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Athlete Yr Team Mark

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- 1 Regan Dewitt 12 Bemidji 2:18.14
- 2 Emily Bastian 12 Brainerd 2:18.45
- 3 Hannah Braun 10 Buffalo 2:19.24
- 4 Rebecca Immer 12 St. Michael-Albertville 2:22.87
- 5 Emma Windingland 12 St. Michael-Albertville 2:25.67
- 6 Ava Dunnigan 10 Moorhead 2:25.78
- 7 Bridget Collins 11 Brainerd 2:27.49
- 8 Anna Nelson 12 Moorhead 2:28.19
- 9 Danielle Malone 12 Moorhead 2:28.66

Varsity Girls 800 Meters Prelims

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Athlete Yr Team Mark

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- 1 Rebecca Immer 12 St. Michael-Albertville 2:19.95
- 2 Regan Dewitt 12 Bemidji 2:21.16
- 3 Ava Dunnigan 10 Moorhead 2:21.34
- 4 Emily Bastian 12 Brainerd 2:21.54
- 5 Emma Windingland 12 St. Michael-Albertville 2:21.73
- 6 Hannah Braun 10 Buffalo 2:22.44
- 7 Bridget Collins 11 Brainerd 2:23.45
- 8 Danielle Malone 12 Moorhead 2:24.90
- 9 Anna Nelson 12 Moorhead 2:25.93
- 10 Annelise Baird 9 Brainerd 2:26.36
- 11 Emily Hoyt 8 Rogers 2:28.41
- 12 Courtney Zuidema 8 St. Michael-Albertville 2:33.35
- 13 Elissa Vasseur 10 Elk River 2:33.60
- 14 Hannah King 8 Elk River 2:34.27
- 15 Kieran Pederson 9 Rogers 2:35.03
- 16 Genet Nies 11 Sartell 2:35.53
- 17 Lorelei Ibeling 9 Rogers 2:35.89
- 18 Raya Nordlund 9 Bemidji 2:40.93
- 19 Lily Schmitz 10 Sartell 2:46.40
- 20 Samantha Thomson 10 Buffalo 2:46.55
- 21 Kira Warnke 8 Elk River 2:48.65

22 Elena Harmsen 11 Bemidji 2:49.05  
23 Hope Bjornson 10 Buffalo 2:50.76

Varsity Boys 1600 Meters Finals

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Athlete Yr Team Mark

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1 Max Salas 10 St. Michael-Albertville 4:32.36  
2 Jack Kupitz 10 Moorhead 4:32.72  
3 Brett Kurschner 12 Bemidji 4:33.34  
4 Ethan Copeland 11 Moorhead 4:42.65  
5 Elijah Soukup 9 Buffalo 4:44.51  
6 Austin Liebl 11 Moorhead 4:45.09  
7 Jonathan Nemeth 12 Sartell 4:46.86  
8 Isaac Schouten 11 Bemidji 4:47.57  
9 William Negaard 11 St. Michael-Albertville 4:48.35  
10 Cyrus Shrestha 8 Rogers 4:48.48  
11 Collin Berg 11 Buffalo 4:48.91  
12 Ryder Zvorak 12 Buffalo 4:53.61  
13 Leif Hoffman 11 Brainerd 4:56.86  
14 Ashton Kodet 10 Sartell 4:57.12  
15 Austin Back 11 Rogers 4:57.47  
16 Marek Dalton 10 St. Michael-Albertville 5:00.67  
17 Micah Kringen 8 Rogers 5:01.29  
18 Jason Feigum 9 Brainerd 5:09.51  
19 Axton Svir 10 Brainerd 5:18.92  
20 Carson Turn 11 Bemidji 5:27.26  
21 Owen Bassett 9 Elk River 5:32.80  
22 Maxwell Hite 12 Elk River 5:49.41  
-- Charles Lindell 12 Sartell DNS

Varsity Girls 1600 Meters Finals

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Athlete Yr Team Mark

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1 Mia Hoffman 11 Bemidji 5:09.01  
2 Alivia Thompson 9 Bemidji 5:09.74  
3 Natalie Cocking 12 St. Michael-Albertville 5:18.38  
4 Avery Larson 10 Buffalo 5:22.01  
5 Adelyn Hannon 8 St. Michael-Albertville 5:24.80  
6 Katelyn Kennedy 12 Brainerd 5:25.14  
7 Abigayle Vossen 8 St. Michael-Albertville 5:28.48  
8 Julia Rademacher 12 Brainerd 5:32.74  
9 Catherine Reineck 9 Buffalo 5:37.12  
10 Mya Nelson 9 Elk River 5:39.13  
11 Taylor Bailey 8 Rogers 5:41.23  
12 Alexis Lindquist 8 Rogers 5:42.69  
13 Jacquelyn (Jacki) Johnson 10 Moorhead 5:46.98  
14 Kaela Traugott 12 Rogers 5:47.17  
15 Ashley Nelson 11 Sartell 5:48.93  
16 Miley Farniok 10 Buffalo 5:53.63  
17 Addy Stordahl 9 Moorhead 5:54.77  
18 Ella Cole 12 Moorhead 5:55.16  
19 Madalyn Fimrite 12 Sartell 5:59.29  
20 Annabelle Tautges 11 Sartell 6:04.92  
21 Carissa Edman 12 Elk River 6:18.49  
22 Kira Warnke 8 Elk River 6:20.01  
-- Josey LaValley 11 Bemidji DNS  
-- Madelyn Miller 10 Brainerd DNS

Varsity Boys 3200 Meters Finals

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Athlete Yr Team Mark

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1 Max Salas 10 St. Michael-Albertville 9:39.40  
2 Will Termont 11 Bemidji 9:41.38  
3 Carson Maish 12 Bemidji 9:49.86  
4 Andrew Macheel 12 Buffalo 9:50.39  
5 Brett Kurschner 12 Bemidji 9:52.17  
6 Jack Kupitz 10 Moorhead 10:02.40  
7 Dexter Huss 10 Buffalo 10:11.00  
8 Austin Liebl 11 Moorhead 10:12.03  
9 Jonathan Nemeth 12 Sartell 10:28.54  
10 Wes Brouillard 9 Moorhead 10:30.87  
11 Ben Stadum 10 Brainerd 10:33.51  
12 Kumail Akram 10 Buffalo 10:47.85  
13 William Negaard 11 St. Michael-Albertville 10:49.12  
14 Austin Back 11 Rogers 10:56.42  
15 Weston Thiesse 9 Brainerd 11:04.84  
16 Micah Kringen 8 Rogers 11:08.42  
17 Mitchell Hansen 12 Rogers 11:12.67  
18 Seth Johnson 9 Sartell 11:16.62  
19 Owen VanDeRiet 12 St. Michael-Albertville 11:18.52  
20 Gabe Hallgren 10 Brainerd 11:26.50  
21 Gavin Hanson 9 Elk River 11:26.85  
22 Tanner Martin 12 Elk River 11:43.12  
23 Andrew Berndt 9 Sartell 11:46.94

Varsity Girls 3200 Meters Finals

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Athlete Yr Team Mark

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1 Mia Hoffman 11 Bemidji 11:13.88  
2 Natalie Cocking 12 St. Michael-Albertville 11:19.42  
3 Mya Nelson 9 Elk River 11:44.26  
4 Julia Rademacher 12 Brainerd 11:48.63  
5 Cara Back 8 Rogers 11:53.22  
6 Abigayle Vossen 8 St. Michael-Albertville 12:00.20  
7 Makaela Malin 11 St. Michael-Albertville 12:07.18  
8 Brooke Wenz 10 Brainerd 12:12.20  
9 Regan Dewitt 12 Bemidji 12:23.74  
10 Alexis Lindquist 8 Rogers 12:25.70  
11 Ashley Nelson 11 Sartell 12:39.76  
12 Kaela Traugott 12 Rogers 12:42.51  
13 Brooklyn Hart 11 Buffalo 12:46.69  
14 Averil Schirmers 12 Elk River 12:47.65  
15 Jacquelyn (Jacki) Johnson 10 Moorhead 12:54.09  
16 Lily Hoard 10 Elk River 13:03.04  
17 Ella Cole 12 Moorhead 13:22.99  
18 Annabelle Tautges 11 Sartell 13:40.23  
19 Brooklyn x Johnson 9 Moorhead 13:52.78  
20 Lily Schmitz 10 Sartell 15:19.89  
-- Josey LaValley 11 Bemidji DQ  
-- Madelyn Miller 10 Brainerd DQ

Varsity Girls 100m Hurdles Finals

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Athlete Yr Team Mark Wind

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1 Emillynn Molesky 12 St. Michael-Albertville 15.79 -1.8  
2 Violet Goodwin 12 Brainerd 16.17 -1.8  
3 Sydney Aberle 11 Moorhead 16.20 -1.8  
4 Ella Johnson 12 Elk River 16.49 -1.8  
5 Juslene Chea 10 St. Michael-Albertville 16.68 -1.8

6 Faith Altepeter 12 Moorhead 16.76 -1.8  
7 Natalie Smith 9 Brainerd 17.09 -1.8  
8 Megan Hartwig 10 Moorhead 17.37 -1.8  
9 Madi Bertram 10 Brainerd 17.65 -1.8

13 Jonah Anderson 12 Buffalo 18.37  
14 Israel Kyne 10 Moorhead 18.91  
15 Matthew Vos 11 Sartell 18.92  
16 Kaiden Raske 9 Brainerd 19.93  
17 Marshall Spicer 10 Bemidji 19.99

Varsity Girls 100m Hurdles Prelims

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Athlete Yr Team Mark

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1 Emillynn Molesky 12 St. Michael-Albertville 16.06  
2 Violet Goodwin 12 Brainerd 16.50  
4 Sydney Aberle 11 Moorhead 16.53  
3 Ella Johnson 12 Elk River 17.19  
5 Megan Hartwig 10 Moorhead 17.23  
6 Juslene Chea 10 St. Michael-Albertville 17.26  
7 Natalie Smith 9 Brainerd 17.26  
8 Faith Altepeter 12 Moorhead 17.31  
9 Madi Bertram 10 Brainerd 17.43  
10 Sophia Bowers 9 Rogers 17.54  
11 Savanna Johnson 12 Elk River 17.58  
12 Ellen Miriovsky 10 Buffalo 17.60  
13 Laya Robertson 9 Rogers 17.88  
14 Cecilia Tregaskis 9 St. Michael-Albertville 17.91  
15 Emily Koch 12 Rogers 17.98  
16 Lilly Breitreutz 9 Sartell 18.11  
17 Gretta Johnson 12 Sartell 18.40  
18 Camille Weber 9 Sartell 18.44  
19 Joan Osebe 10 Buffalo 18.94  
20 Aubrey DeWitt 10 Bemidji 19.10  
21 Addison Maish 10 Bemidji 19.73  
22 Raegan Ellingson 9 Elk River 20.16

Varsity Boys 300m Hurdles Finals

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Athlete Yr Team Mark

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1 Morris Suah 12 St. Michael-Albertville 40.20  
2 Bode Russell 11 Buffalo 41.47  
3 Charlie Hanson 10 Rogers 41.76  
4 Jacob Sterk 11 St. Michael-Albertville 42.19  
5 Ben Hickman 10 Elk River 42.23  
6 Maxwell Stenehjem 12 Moorhead 42.47  
7 Rufus Paye 12 Moorhead 42.52  
8 Logan Nelson 11 Buffalo 42.59  
9 Dan Powell 12 St. Michael-Albertville 43.65

Varsity Boys 300m Hurdles Prelims

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Athlete Yr Team Mark

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1 Morris Suah 12 St. Michael-Albertville 41.31  
2 Bode Russell 11 Buffalo 41.66  
3 Rufus Paye 12 Moorhead 42.46  
4 Ben Hickman 10 Elk River 42.81  
5 Jacob Sterk 11 St. Michael-Albertville 42.96  
6 Charlie Hanson 10 Rogers 43.42  
7 Maxwell Stenehjem 12 Moorhead 43.53  
8 Dan Powell 12 St. Michael-Albertville 44.07  
9 Logan Nelson 11 Buffalo 44.09  
10 Preston Miller 9 Brainerd 44.74  
11 David Herath 10 Brainerd 44.98  
12 Seth Cotton 10 Buffalo 45.49  
13 Matthew Vos 11 Sartell 46.09  
14 Rick Flaws 10 Elk River 46.55  
15 Kyle Peterson 10 Brainerd 47.13  
16 Nathan Schliepsiek 12 Sartell 47.84  
17 Aiden McGraw 9 Rogers 48.61  
18 Noah Wilson 9 Bemidji 49.00  
19 Nicholas Schliepsiek 12 Sartell 49.08  
20 Hassan Abdulzahra 9 Moorhead 50.83  
21 Marshall Spicer 10 Bemidji 51.31  
22 Matthew Rautio 9 Bemidji 51.46

Varsity Boys 110m Hurdles Finals

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Athlete Yr Team Mark Wind

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1 Morris Suah 12 St. Michael-Albertville 14.85 0.6  
2 Brecken Keoraj 10 Elk River 15.52 0.6  
3 Joe Kamara 12 Elk River 15.93 0.6  
4 Darloh Balisidya 12 Elk River 16.00 0.6  
5 Caleb Monseth 10 St. Michael-Albertville 16.05 0.6  
6 Dan Powell 12 St. Michael-Albertville 16.09 0.6  
7 Kyle Peterson 10 Brainerd 16.91 0.6  
8 Will Glaesman 11 Buffalo 17.56 0.6  
9 Nicholas Schliepsiek 12 Sartell 17.99 0.6

Varsity Girls 300m Hurdles Finals

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Athlete Yr Team Mark

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1 Ara Warren 10 Moorhead 44.65  
2 Hannah Kvant 12 St. Michael-Albertville 46.02  
3 Violet Goodwin 12 Brainerd 47.72  
4 Rylee Harrison 12 St. Michael-Albertville 48.40  
5 Elsa Peterson 12 Buffalo 48.48  
6 Natalie Smith 9 Brainerd 48.65  
7 Anneliese Blomquist-Smith 9 Elk River 49.18  
8 Savanna Johnson 12 Elk River 49.37  
9 Faith Altepeter 12 Moorhead 50.12

Varsity Boys 110m Hurdles Prelims

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Athlete Yr Team Mark

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1 Morris Suah 12 St. Michael-Albertville 15.15  
2 Joe Kamara 12 Elk River 15.82  
3 Brecken Keoraj 10 Elk River 15.86  
4 Darloh Balisidya 12 Elk River 15.98  
5 Caleb Monseth 10 St. Michael-Albertville 16.17  
6 Dan Powell 12 St. Michael-Albertville 16.36  
7 Will Glaesman 11 Buffalo 16.56  
8 Kyle Peterson 10 Brainerd 16.96  
9 Nicholas Schliepsiek 12 Sartell 18.06  
10 Seth Cotton 10 Buffalo 18.15  
11 Preston Miller 9 Brainerd 18.20  
12 Luke Bowe 11 Rogers 18.20

Varsity Girls 300m Hurdles Prelims

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Athlete Yr Team Mark  
=====

- 1 Hannah Kvant 12 St. Michael-Albertville 46.00
- 2 Ara Warren 10 Moorhead 47.56
- 4 Elsa Peterson 12 Buffalo 47.72
- 3 Violet Goodwin 12 Brainerd 47.73
- 5 Rylee Harrison 12 St. Michael-Albertville 47.99
- 6 Natalie Smith 9 Brainerd 49.85
- 7 Faith Altepeter 12 Moorhead 50.23
- 8 Savanna Johnson 12 Elk River 50.90
- 9 Anneliese Blomquist-Smith 9 Elk River 51.29
- 10 Camille Weber 9 Sartell 51.53
- 11 Emilyynn Molesky 12 St. Michael-Albertville 51.93
- 12 Jordan Langbehn 12 Elk River 52.35
- 13 Emily Koch 12 Rogers 52.48
- 14 Azauria Abron 8 Rogers 52.53
- 15 Gretta Johnson 12 Sartell 52.93
- 16 Sydney Aberle 11 Moorhead 53.02
- 17 Sophia Bowers 9 Rogers 53.10
- 18 Aubrey DeWitt 10 Bemidji 53.28
- 19 Madi Bertram 10 Brainerd 53.30
- 20 Ellen Miriovsky 10 Buffalo 54.24
- 21 Briella Kiley 11 Sartell 54.62
- 22 Fayrouz Sonbol 10 Buffalo 54.87
- 23 Addison Maish 10 Bemidji 55.53
- 24 Sydney Beise 9 Bemidji 1:00.60

Varsity Boys 4x100m Relay Finals

==  
Team Time

- 1 Elk River 42.49
- 2 Moorhead 42.58
- 3 Buffalo 43.23
- 4 Sartell 44.15
- 5 St. Michael-Albertville 44.69
- 6 Bemidji 45.98
- Brainerd DNF
- Rogers DNF

Varsity Girls 4x100m Relay Finals

==  
Team Time

- 1 Brainerd 49.17
- 2 Rogers 49.33
- 3 Moorhead 49.64
- 4 St. Michael-Albertville 50.22
- 5 Elk River 51.15
- 6 Sartell 51.40
- 7 Bemidji 54.79
- Buffalo DNF

Varsity Boys 4x200m Relay Finals

==  
Team Time

- 1 St. Michael-Albertville 1:29.53
- 2 Brainerd 1:29.88
- 3 Moorhead 1:30.34
- 4 Rogers 1:33.35

- 5 Elk River 1:34.21
- 6 Bemidji 1:35.00
- Buffalo DQ

Varsity Girls 4x200m Relay Finals

==  
Team Time

- 1 St. Michael-Albertville 1:42.94
- 2 Rogers 1:43.46
- 3 Elk River 1:43.93
- 4 Moorhead 1:46.10
- 5 Brainerd 1:46.15
- 6 Sartell 1:51.86
- 7 Bemidji 1:55.48
- Buffalo DQ

Varsity Boys 4x400m Relay Finals

==  
Team Time

- 1 Elk River 3:26.33
- 2 St. Michael-Albertville 3:27.73
- 3 Sartell 3:33.75
- 4 Buffalo 3:34.86
- 5 Bemidji 3:35.87
- 6 Moorhead 3:36.39
- 7 Rogers 3:45.17
- 8 Brainerd 3:47.25

Varsity Girls 4x400m Relay Finals

==  
Team Time

- 1 Moorhead 4:01.76
- 2 St. Michael-Albertville 4:03.69
- 3 Rogers 4:08.83
- 4 Brainerd 4:13.03
- 5 Bemidji 4:14.01
- 6 Sartell 4:15.83
- 7 Buffalo 4:20.39
- 8 Elk River 4:22.07

Varsity Boys 4x800m Relay Finals

==  
Team Time

- 1 Buffalo 8:06.95
- 2 Bemidji 8:12.50
- 3 Brainerd 8:36.93
- 4 St. Michael-Albertville 8:44.68
- 5 Moorhead 8:55.20
- 6 Rogers 8:59.94
- 7 Elk River 9:09.53
- 8 Sartell 9:47.16

Varsity Girls 4x800m Relay Finals

==  
Team Time

- 1 Brainerd 9:30.17
- 2 St. Michael-Albertville 9:33.62

3 Moorhead 9:39.30  
4 Rogers 9:44.15  
5 Elk River 10:21.02  
6 Bemidji 11:05.43  
7 Buffalo 11:26.86

Varsity Boys Shot Put Finals

=====

Athlete Yr Team Mark

=====

1 Dylan Gross 11 Brainerd 58-08.50  
2 Ethan Hogan 12 Elk River 49-09.00  
3 Carter Walker 12 Buffalo 48-04.00  
5 Will Mahowald 12 Sartell 44-05.00  
6 Christopher Andrade 12 Moorhead 43-06.75  
7 Ryan Babatz 10 Buffalo 43-03.00  
8 Collin Schulz 11 Rogers 42-00.25  
9 Roman Lindenfelser 11 St. Michael-Albertv 41-05.25  
10 Austin Schultz 12 Moorhead 41-01.50  
11 Mason Zimmer 10 St. Michael-Albertville 41-00.00  
12 Riley Branson 11 Bemidji 40-00.00  
13 Jack Stamm 12 Moorhead 39-09.50  
14 Garrett Frazer 12 Bemidji 39-05.75  
15 Charlie Sundell 10 Sartell 39-04.00  
16 Luke Sipple 11 St. Michael-Albertville 39-02.25  
17 Reece Mostad 11 Bemidji 39-00.00  
18 Frankie Montano 11 Rogers 38-06.75  
19 Alexander Jensen 9 Elk River 38-05.00  
20 Nathan Vosberg 12 Sartell 37-08.50  
21 Simon Bicek 9 Elk River 37-08.25  
22 Matt Lekatz 10 Brainerd 34-01.50  
23 Kody Curtis 12 Buffalo 32-09.50  
24 Liam Donley 10 Rogers 31-01.50  
-- Mitch Wind 11 Brainerd DQ

Varsity Girls Shot Put Finals

=====

Athlete Yr Team Mark

=====

1 Anya Schmidt 10 Rogers 39-11.00  
2 Hannah Bruskiwicz 12 Rogers 39-07.00  
3 Andi Mehrer 12 Elk River 37-11.00  
4 Lexi Kemmetmueller 12 St. Michael-Albertv 35-09.00  
5 Kajsja Finnern 11 Sartell 35-02.00  
6 Mckenzie Kahre 12 Sartell 35-01.00  
7 Kendyl Dawson 8 Rogers 35-00.00  
8 Ellie Brown 12 Brainerd 34-07.00  
9 Aubrey Flynn 11 Sartell 34-00.00  
10 Andrea Rodenwald 11 Buffalo 33-03.00  
11 Ellie Feeney 12 Moorhead 31-03.00  
12 Elianna Riley 12 Brainerd 31-02.00  
13 Serena Caspers 9 Brainerd 30-08.00  
14 KAYLIE COX 11 St. Michael-Albertville 30-06.00  
15 Dillon Mehrer 10 Elk River 30-05.00  
16 Elizabeth Youso 10 Bemidji 29-08.50  
17 Abigail Johnson 11 Bemidji 29-02.50  
18 Rachel Lin 12 Elk River 28-09.50  
19 Laura McNamara 12 Buffalo 28-08.50  
20 Elizabeth Cassady 10 Buffalo 27-03.00  
21 Sophia Lemke 12 Bemidji 25-01.00  
-- Audrey Kanu 11 St. Michael-Albertville FOUL  
-- Sidney Zimmerman 11 Moorhead DNS

-- Menkayla Kruah 10 Moorhead DNS

Varsity Boys Discus Finals

=====

Athlete Yr Team Mark

=====

1 Carter Walker 12 Buffalo 165-06  
2 Simon Bicek 9 Elk River 139-10  
3 Dylan Gross 11 Brainerd 139-09  
4 Nathan Vosberg 12 Sartell 134-00  
5 Joel Benson 10 Buffalo 133-02  
6 Logan Vrieze 10 Buffalo 131-07  
7 Jack Stamm 12 Moorhead 128-04  
8 Charlie Sundell 10 Sartell 127-03  
9 Ethan Hogan 12 Elk River 125-01  
10 Tate Linn 11 Moorhead 124-05  
11 Javid Carlson 11 Moorhead 116-07  
12 Mason Zimmer 10 St. Michael-Albertville 114-02  
13 Blake Underwood 10 St. Michael-Albertville 109-05  
14 Alexander Jensen 9 Elk River 109-02  
15 Kevin Ward 12 Bemidji 108-06  
16 Riley Branson 11 Bemidji 105-09  
17 Matt Lekatz 10 Brainerd 104-03  
18 Matthew Steffl 11 St. Michael-Albertville 98-10  
19 Frankie Montano 11 Rogers 98-09  
20 Palmer Willegalle 11 Rogers 90-01  
21 Will Mahowald 12 Sartell 89-06  
22 Garrett Frazer 12 Bemidji 89-02  
23 Liam Donley 10 Rogers 84-00  
-- Mitch Wind 11 Brainerd DNS

Varsity Girls Discus Finals

=====

Athlete Yr Team Mark

=====

1 Anya Schmidt 10 Rogers 128-08  
2 Andi Mehrer 12 Elk River 126-01  
3 Krysti Achu-Chick 11 Rogers 114-01  
4 Mckenzie Kahre 12 Sartell 113-01  
5 Hannah Bruskiwicz 12 Rogers 109-03  
6 Kajsja Finnern 11 Sartell 101-04  
7 Ava Fiedler 9 Sartell 100-06  
8 Mirabelle Enz 11 Moorhead 98-10  
9 Cambelle Feldman 10 Buffalo 97-07  
10 Kayla Cook 10 Elk River 97-06  
11 Ellie Feeney 12 Moorhead 96-11  
12 Sophia Hanson 11 Buffalo 96-02  
13 Lexi Kemmetmueller 12 St. Michael-Albertville 92-04  
14 Rachel Lin 12 Elk River 90-10  
15 Elizabeth Cassady 10 Buffalo 85-09  
16 Chelsea Neba 11 St. Michael-Albertville 80-09  
17 Elizabeth Youso 10 Bemidji 77-09  
18 KAYLIE COX 11 St. Michael-Albertville 75-07  
19 Josie Naillon 9 Brainerd 70-03  
20 Elianna Riley 12 Brainerd 68-07  
21 Brooklyn Johnson 12 Moorhead 65-09  
22 Luciana Klisch 11 Bemidji 64-05  
23 Abigail Johnson 11 Bemidji 63-10  
-- Ellie Brown 12 Brainerd FOUL

Varsity Boys High Jump Finals

=====

Athlete Yr Team Mark

=====

- 1 Dylan Zimmerman 11 Moorhead 6-03.00
- 2 Quinten Yueng 12 Bemidji 6-01.00
- 3 Yube Badio 12 Elk River 6-01.00
- 4 Jack Pederson 12 Sartell 5-11.00
- 5 Caden Johnson 11 St. Michael-Albertville 5-09.00
- 6 Kellen Granroth 10 Sartell 5-07.00
- 7 Morris Suah 12 St. Michael-Albertville 5-05.00
- 7 Tyler Dube 11 Rogers 5-05.00
- 7 Luca Engelke 12 Buffalo 5-05.00
- 10 Parker Klein 9 Elk River 5-05.00
- 10 Joe Smith 9 Brainerd 5-05.00
- 10 Ayden Wheeler-Carranza 10 Brainerd 5-05.00
- 13 Charlie Hanson 10 Rogers 5-05.00
- 13 Cayden Carlson 9 Sartell 5-05.00
- 15 Andy Koffa 10 Moorhead 5-05.00
- 16 Eric Kiyee 10 Moorhead 5-05.00
- 17 Kaden Schilling 10 Brainerd 5-03.00
- 17 Caleb Pederson 12 Elk River 5-03.00
- Elijah Dixon 11 St. Michael-Albertville DNS
- Breyland Eliasson 9 Bemidji DNS
- Blake Russell 12 Buffalo DNS
- Parker Daiker-Broeska 11 Rogers NH
- Alex Nelson 11 Bemidji NH

Varsity Girls High Jump Finals

=====

Athlete Yr Team Mark

=====

- 1 Cora Clough 9 Brainerd 5-02.00
- 2 Sophia Mahnke 11 Rogers 5-00.00
- 3 Kaia Gack 11 Sartell 5-00.00
- 4 Katherine Stadum 12 Brainerd 5-00.00
- 4 Jessica Roth 11 St. Michael-Albertville 5-00.00
- 6 Ella Johnson 12 Elk River 5-00.00
- 7 Ella Maurer 11 Rogers 4-10.00
- 7 Brooke Engebretson 9 Elk River 4-10.00
- 9 Danica Felland 10 Moorhead 4-08.00
- 10 Lauren Castle 10 Brainerd 4-08.00
- 11 Sydney Reining 11 Rogers 4-06.00
- 11 Victoria Nelson 12 Buffalo 4-06.00
- 11 Abigail Haus 11 Sartell 4-06.00
- 14 Olivia Terhune 9 Sartell 4-06.00
- 14 Jordan Langbehn 12 Elk River 4-06.00
- 16 Jady Kelly 11 Bemidji 4-06.00
- 16 Morgan McKinley 12 St. Michael-Albertville 4-06.00
- 18 Lauren Miriovsky 12 Buffalo 4-04.00
- 19 Hadlee Bentz 10 Moorhead 4-04.00
- 20 Molly Matetich 11 Bemidji 4-02.00
- Julia MacAdams 10 Moorhead NH
- Winslow Drowne 9 St. Michael-Albertville DNS

Varsity Boys Pole Vault Finals

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Athlete Yr Team Mark

=====

- 1 Joe Smith 9 Brainerd 12-04.00
- 2 Alec Newby 10 Bemidji 12-01.00
- 3 Samuel Studnicka 11 Buffalo 12-01.00
- 4 Gavin Hoelzel 12 Brainerd 12-01.00
- 5 George Larson 11 Sartell 11-07.00

- 6 Hudson Brandt 10 Moorhead 11-07.00
- 7 Cole Darling 12 Moorhead 11-07.00
- 8 Matthew Katkov 11 Elk River 11-01.00
- 9 Trevor Juenke 10 Buffalo 10-07.00
- 10 Hudson Stone 11 St. Michael-Albertville 10-07.00
- 11 Tyson Mosher 10 St. Michael-Albertville 10-01.00
- 12 Jonah Anderson 12 Buffalo 10-01.00
- 13 Sebastian Tisdell 11 Brainerd 10-01.00
- 14 Samuel Stokes 10 Rogers 10-01.00
- 14 Devin Helling 12 Rogers 10-01.00
- 16 Henry Bergstrom 10 Elk River 9-07.00
- 17 Austin Heim 9 Bemidji 9-01.00
- Luke Bowe 11 Rogers NH
- James Zachman 12 St. Michael-Albertville NH
- Carter Bloom 11 Elk River DNS
- Braden Luksik 11 Bemidji DNS
- Evan Kostohryz 11 Moorhead NH

Varsity Girls Pole Vault Finals

=====

Athlete Yr Team Mark

=====

- 1 Brenna Deason 12 Brainerd 11-04.00
- 2 Jacqueline Bergeron 11 St. Michael-Albertv 11-01.00
- 3 Megan Hartwig 10 Moorhead 10-07.00
- 4 Briehyn Lewandowski 12 Sartell 10-01.00
- 4 Hailey Westrup 12 Sartell 10-01.00
- 6 Kira Hegg 12 Moorhead 10-01.00
- 7 Jada Dahlheimer 11 St. Michael-Albertville 10-01.00
- 8 Ryen Ness 10 Moorhead 9-07.00
- 9 Alyson Herfel 11 St. Michael-Albertville 9-07.00
- 10 Ally Rekstad 10 Elk River 9-01.00
- 11 Kate Miriovsky 10 Buffalo 9-01.00
- 12 Rachel Kalevik 12 Rogers 8-07.00
- 13 Malina Schiller 12 Brainerd 8-07.00
- 14 Courtney Kotish 8 Buffalo 7-07.00
- 15 Ella Adler 12 Rogers 7-07.00
- 15 Gretta Johnson 12 Sartell 7-07.00
- 15 Chloe Knott 11 Bemidji 7-07.00
- 18 Elizabeth Saucedo Palmero 10 Rogers 7-07.00
- 19 Breanna Allen 9 Elk River 7-01.00
- Abigail Tanner 11 Brainerd NH
- Mollie Voss-Goeb 7 Elk River NH

Varsity Boys Long Jump Finals

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Athlete Yr Team Mark Wind

=====

- 1 Muhiz Bada 11 St. Michael-Albertville 22-10.00 1.8
- 2 Michael Haugo 12 Moorhead 22-09.50 1.5
- 3 Maverick Kneefe 11 St. Michael-Albertville 21-05.75 0
- 4 Anthony Powell 12 Rogers 21-04.75 1.9
- 5 Adrian Onyiego 11 Rogers 21-00.25 3.4
- 6 Levi Harris 9 Elk River 21-00.00 1.7
- 7 Israel Olowo 8 Rogers 20-11.75 0.9
- 8 Quinten Yueng 12 Bemidji 20-02.75 2.7
- 9 Caden Johnson 11 St. Michael-Albertv 20-02.50 1.9
- 10 Eric Kiyee 10 Moorhead 19-05.50 2.1
- 11 Cade Osterman 12 Elk River 19-01.75 1.9
- 12 Jackson Freeman 9 Elk River 19-01.00 1.6
- 13 Anthony Mahowald 12 Sartell 18-10.00 0.6
- 14 Osama Allawi 12 Moorhead 18-07.00 0.2



15 Jake Merseth 11 Brainerd 18-05.25 1  
16 Cole Fjeld 12 Brainerd 18-04.75 1.7  
17 Mathias Ebert 12 Buffalo 18-03.50 1.4  
18 Calvin Braegelmann 10 Sartell 17-10.75 0.4  
19 Kellen Granroth 10 Sartell 17-06.25 1  
20 Xander Kurschner 11 Bemidji 17-06.25 1.3  
21 Will Glaesman 11 Buffalo 17-06.00 0.9  
22 Jordan Davis 10 Brainerd 16-07.00 1.1  
23 Alex Nelson 11 Bemidji 16-04.00 0.9  
-- Jacobee Scherber 11 Buffalo DNS

#### Varsity Girls Long Jump Finals

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Athlete Yr Team Mark Wind

=====

1 Brianna Villanti 12 Rogers 17-06.50 2.7  
2 Alexis Olderbak 12 Moorhead 17-06.50 0  
3 Gabriella Keefer 10 St. Michael-Albertville 17-06.25 2  
4 Katryna Hansen 12 Moorhead 16-10.50 2.2  
5 Lainey Stavish 10 Sartell 16-06.50 2  
6 Claire Steiner 12 Moorhead 15-09.75 0.9  
7 Britta Demar 11 Elk River 15-09.50 0.6  
8 Adelyn Utes 7 Rogers 15-08.50 0.1  
9 Juslene Chea 10 St. Michael-Albertville 15-07.25 1.4  
10 Ava Loney 10 Brainerd 15-07.00 0.6  
11 Madeline Francois 11 Sartell 15-05.50 1.3  
12 Kennedi Gack 10 Sartell 15-03.75 1.2  
13 Clara Bieber 9 Bemidji 15-02.00 0.3  
14 Emma Sheflo 12 Brainerd 14-09.75 2.4  
15 Jensen Rogers 9 St. Michael-Albertv 14-09.25 -0.1  
16 Dillon Mehrer 10 Elk River 14-09.00 -0.1  
17 Elizabeth Ikubese 10 Rogers 14-08.75 1.8  
18 Hattie Duinick 9 Brainerd 14-06.00 2.3  
19 Maki-Lynn Westerman 10 Bemidji 14-05.25 1.7  
20 Eden Johnson 10 Buffalo 14-03.75 1.1  
21 Aspen Tobin 12 Bemidji 14-03.00 1.2  
22 Ashley Ege 12 Elk River 14-00.00 -1.6  
23 Quincey Jackson 8 Buffalo 13-05.00 0.8  
24 Kate Miriovsky 10 Buffalo 13-05.00 -0.1

#### Varsity Boys Triple Jump Finals

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Athlete Yr Team Mark Wind

=====

1 Maverick Kneefe 11 St. Michael-Albertville 42-09.00 0  
2 Matthew Beaudry 12 Elk River 42-08.00 0.8  
3 Anthony Mahowald 12 Sartell 41-10.50 1.2  
4 Reign Battle 10 Moorhead 41-08.00 0.5

5 Ty Nelson 10 Brainerd 40-10.00 0  
6 Ethan Orina 8 Rogers 39-10.50 3.2  
7 Cade Osterman 12 Elk River 39-05.50 3.1  
8 Jacob Dinius 11 St. Michael-Albertville 38-09.00 1.3  
9 Caden Johnson 11 St. Michael-Albertv 37-11.50 3.2  
10 Parker Klein 9 Elk River 37-08.50 1.6  
11 Osama Allawi 12 Moorhead 37-07.00 2.2  
12 Matthew Vos 11 Sartell 37-06.00 2.1  
13 Alex Nelson 11 Bemidji 36-11.00 2.2  
14 Alex Lelwica 10 Brainerd 36-08.00 -1.2  
15 Ayden Wheeler-Carranza 10 Brainerd 36-06.00 1.4  
16 Austin Back 11 Rogers 35-05.50 2.4  
17 Will Glaesman 11 Buffalo 35-02.00 1.5  
18 Draiden Clarin 11 Bemidji 33-00.00 0.6  
19 Matthew Scherber 12 Buffalo 32-05.00 2.1  
-- Alex Euphosin 11 Rogers DNS  
-- Breyland Eliasson 9 Bemidji DQ 0  
-- Madison Suah 9 Moorhead DNS  
-- Caden Villarreal 12 Sartell DNS

#### Varsity Girls Triple Jump Finals

=====

Athlete Yr Team Mark Wind

=====

1 Gabriella Keefer 10 St. Michael-Albertv 37-09.50 1.2  
2 Shiaflyn Cooper 8 Elk River 37-02.25 1.1  
3 Judsona Chea 11 St. Michael-Albertville 36-11.50 0.8  
4 Raina Simat 11 St. Michael-Albertville 35-03.50 0.4  
5 Alexis Olderbak 12 Moorhead 35-02.25 2  
6 Keaira Walker 10 Rogers 34-07.50 1.7  
7 Claire Steiner 12 Moorhead 33-10.50 2.2  
8 Molly Hagelie 12 Brainerd 33-06.00 2.1  
9 Hannah Arika 9 Elk River 33-04.50 2.1  
10 Madelyn Sather 10 Moorhead 33-03.00 1.4  
11 Britta Demar 11 Elk River 32-11.75 1.6  
12 Eden Johnson 10 Buffalo 32-05.00 1.9  
13 Anna Nordby 11 Sartell 32-04.75 1.7  
14 Brooke Legatt 11 Sartell 32-02.50 0.2  
15 Elizabeth Ikubese 10 Rogers 31-08.50 0.4  
16 Ellie Brown 12 Brainerd 31-07.50 2.2  
17 Lauren Castle 10 Brainerd 31-00.25 1.9  
18 Maki-Lynn Westerman 10 Bemidji 30-11.50 0.8  
19 Olivia Terhune 9 Sartell 30-07.25 0  
20 Elsa Plombon 11 Rogers 30-03.75 1.3  
21 Hayley Shult 11 Buffalo 29-01.00 0  
22 Sophia Zupan 11 Buffalo 28-08.25 1.4  
23 Anika Harmsen 9 Bemidji 28-04.50 0.2  
24 Marima Seely 12 Bemidji 28-03.00 1.5